

DECLARE OCTOBER MENOPAUSE AWARENESS MONTH

To the Legislative Assembly of Ontario

WHEREAS menopause is a natural stage of life that will affect approximately half of Ontario’s population; and

WHEREAS menopause and perimenopause can have significant effects on health, quality of life, employment and economic security, yet remain misunderstood, stigmatized, and underrecognized; and

WHEREAS public education and awareness is critical to reduce stigma, improve access to information, understand symptoms, expand health care treatment options, and encourage workplaces to better support people experiencing menopause; and

WHEREAS World Menopause Month and World Menopause Day have been recognized internationally since 2009;

THEREFORE, WE THE UNDERSIGNED petition the Legislative Assembly of Ontario to recognize the importance of menopause awareness, education, and support by passing the Menopause Awareness Month Act, officially designating October as Menopause Awareness Month and October 18 as Menopause Awareness Day in Ontario.



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